

# Today's Presenters



**Kendra Morgan**

Program Director,  
WebJunction



**Karen Wilson**

Peer Outreach  
Coordinator, Charles  
County Public Library  
(MD)



**Drea Douglas**

Learning Coordinator,  
North Bend Public Library  
(OR)

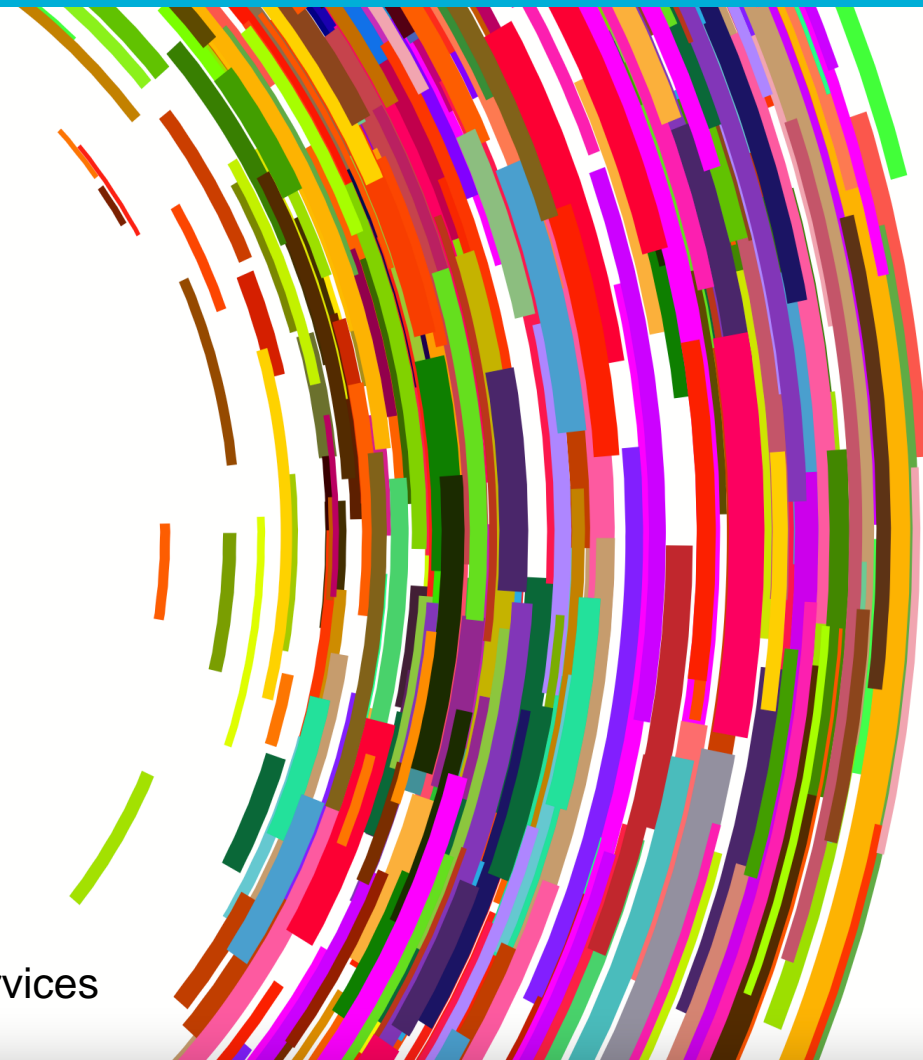
16 May 2024

# Supporting healthy communities: Public library opioid responses

# Opioid Crisis Support Kit for Public Libraries



The project is made possible by support from  
OCLC and the Institute of Museum and Library Services  
project number, LG-250082-OLS-21.



[oc.lc/opioid-crisis](https://oc.lc/opioid-crisis)



# Poll question

Open the Slido panel on the right side of Webex to respond to this multiple choice question:

**Has your library engaged in programming or activities related to the opioid crisis?**

# Why now?

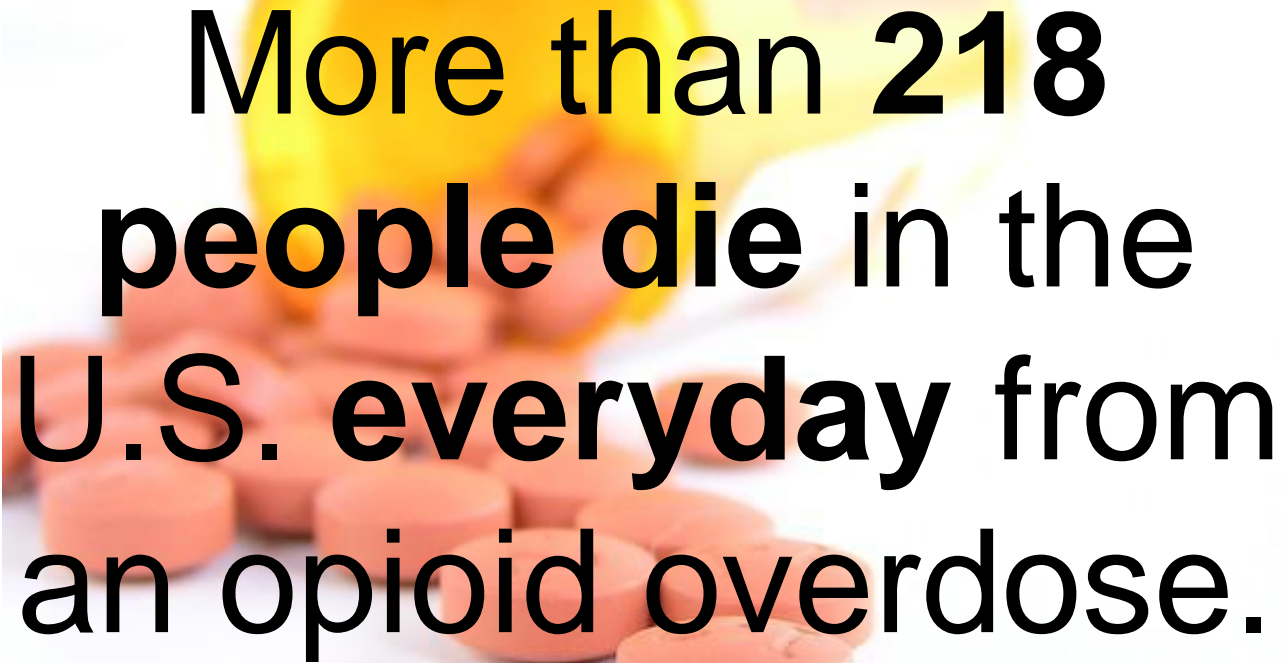
2.1 million people with SUD ([CDC](#))

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Libraries provide information on health topics

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Library staff need the support

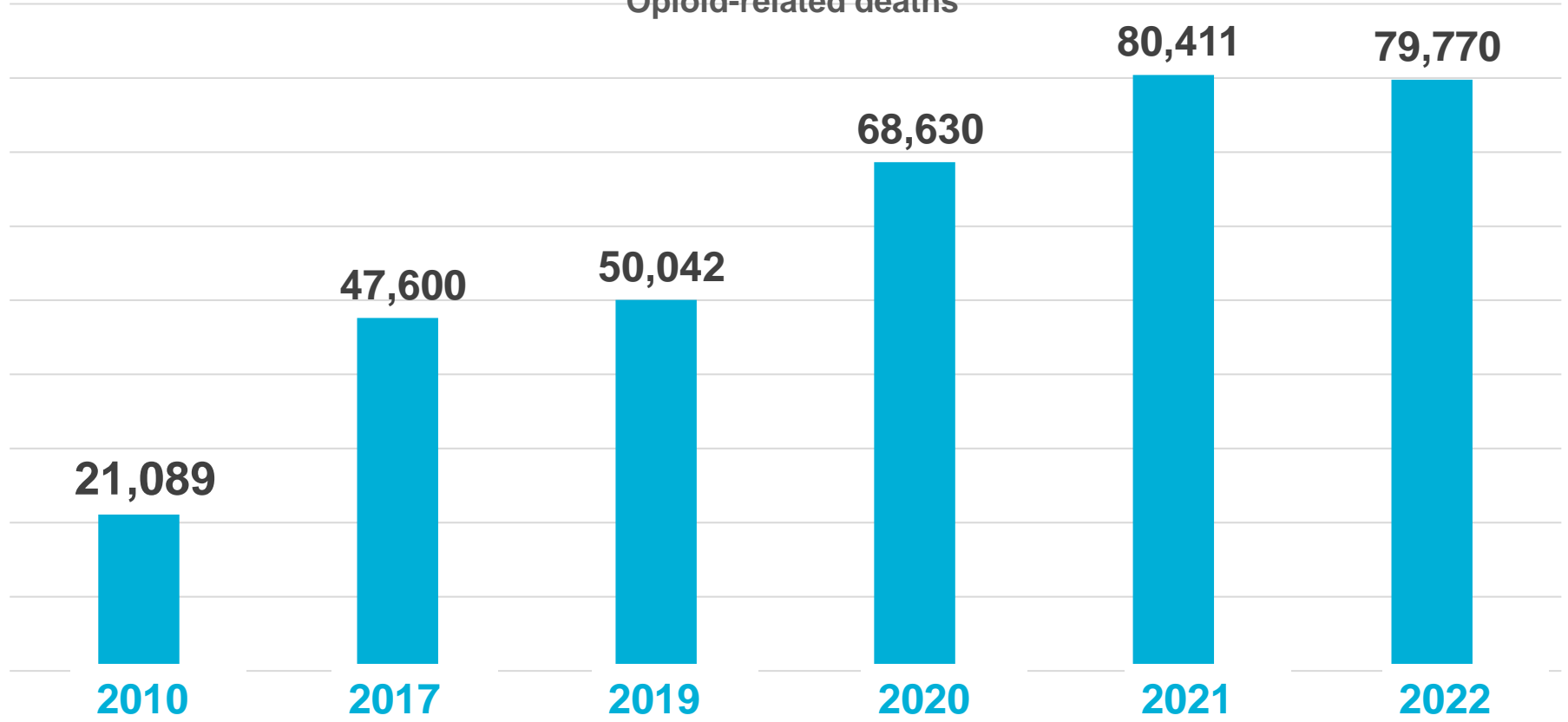


**More than 218  
people die in the  
U.S. everyday from  
an opioid overdose.**

([CDC](#), 2023)

Photo by [nosheep](#) is licensed under [Pixabay](#)

## Opioid-related deaths





**“Libraries and librarians contribute two particular strengths to advance a culture of health: accessibility and trustworthiness.”**

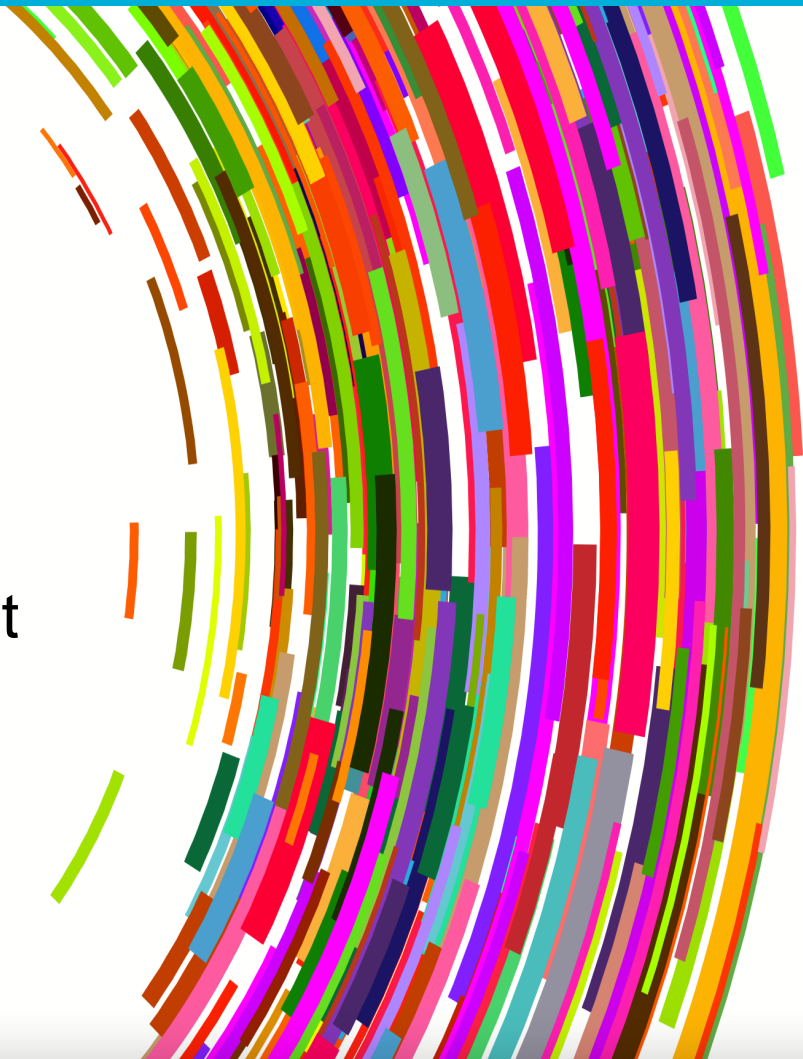
Morgan, Anna, et al., Beyond Books: Public Libraries As Partners For Population Health. Health Affairs 25, No. 11 (2016) <https://www.healthaffairs.org/doi/10.1377/hlthaff.2016.0724>

# Action steps



# About the Support Kit

- Library-specific language and examples
- Videos and resources
- Activities and reflection
- Self-paced workbook-style format



# Pilot testing



# What resonated with testers

Information on how people become addicted to opioids

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Assessing existing and potential partnerships

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Creating an emergency response plan

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Any step is a good step

# From the pilot libraries

**“I learned that this library does not have a customer service policy and that one is most definitely needed. Staff development and training on patron privacy and trust is a very crucial part of customer service.”**

# From the pilot libraries

**“The resources gave many creative and doable ideas that can be easily implemented in a rural community such as mine – including getting local organizations or medical professionals involved.”**



# Engagement and programming options

# Types of programs and services

Naloxone training,  
staff and patrons

Community reads  
and author talks

Health fairs

Peer navigators

Deterra drug  
disposal bags

Harm reduction  
kits

Awareness and  
information  
campaigns

Mental health and  
substance abuse  
related health  
programming

The background is a light blue gradient with several realistic water droplets of various sizes scattered across the surface. The droplets have highlights and shadows, giving them a three-dimensional appearance.

# **SUPPORTING HEALTHY COMMUNITIES: PUBLIC LIBRARY RESPONSES TO THE OPIOID CRISIS**

CHARLES COUNTY PUBLIC LIBRARY

LA PLATA, MD 20604

# WHERE ARE WE?

- ✓ LOCATED IN CENTRAL SOUTHERN MARYLAND
- ✓ CCPL HAS POSITIONED ITSELF TO PROVIDE EXCEPTIONAL LIBRARY SERVICES AND FOSTER A VIBRANT LEARNING ENVIRONMENT FOR EVERYONE
- ✓ POPULATION OF 150,000
- ✓ BEDROOM COMMUNITY FOR WASHINGTON DC.
- ✓ 4 BRICK & MORTAR BRANCHES, 1 MOBILE LIBRARY, 24 HOUR KIOSK & A DETENTION CENTER BRANCH



# DIVE IN

WHY WE PARTICIPATED IN THE  
OPIOID SUPPORT KIT PROJECT

- EDUCATION
- INFORMATION
- STIMULATION
- ACTIVATION





# CREATING A PROGRAM

## DRUG TAKE BACK



WHAT WE WANTED

## NARCAN TRAINING

**FREE ONLINE NARCAN TRAINING**  
NOW AVAILABLE TUESDAY AT 7:00 PM  
AND FRIDAY AT 1:00 PM

**What is Narcan?**  
Narcan (Naloxone) is a medicine used to reverse an opioid overdose.

**What will you learn?**

- Types of Opioids
- How to Recognize, Respond, and Prevent an Opioid Overdose
- How to administer Naloxone/Narcan®

**Who should get trained?**  
Everyone.

Upon completion, you will receive a **FREE Narcan kit.**  
[www.charlescountyhealth.org/education/ce-epi/ods](http://www.charlescountyhealth.org/education/ce-epi/ods)

WHAT THEY WERE ALREADY DOING

## DETERRA DRUG DEACTIVATION POUCHES

**Deterra®**  
Drug Deactivation & Disposal Pouch Distribution

Stop by the Peer Outreach Coordinator's table to receive a **FREE** pouch, along with educational materials to help combat the opioid crisis.

**Waldorf West**  
Monday, 5/22  
9am-1pm

**Potomac**  
Tuesday, 5/23  
10am-2pm

**PD Brown**  
Wednesday, 5/24  
10am-2pm

**La Plata**  
Thursday, 5/25  
10am-2pm

**I'm green**  
Charles County Department of Health

WHAT WE PROPOSED

# IT WAS A SUCCESS!

- COLLABORATION WITH CHARLES COUNTY DEPARTMENT OF HEALTH
- PROVIDED POUCHES AND EDUCATIONAL MATERIALS
- SCHEDULED PROGRAM
- DISTRIBUTED 400 POUCHES IN 3 MONTHS

# North Bend Public Library

Human-centered  
understanding



**NORTH BEND PUBLIC LIBRARY**

- Because Oregon has the 2<sup>nd</sup> highest opioid addiction in the US, and
- Because NBPL is small and rural,
- We offer a perspective for this support kit that is relevant and necessary.



# What we found useful in the support kit

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- Throughout the support kit is a focus on the people, not the addiction.
  - Action 1's videos
  - Action 4's decentering stigma
- Inventorying what you know, what you have, what you need (Actions 2 and 3)

**This crisis is about **people**, first and foremost.**

Action 1: Getting to Why



**Consider hiring a  
social worker or  
community  
engagement  
specialist.**

**We share our CES  
with Coos Bay  
Public Library.**

**The position is  
grant-funded and  
supplied by a local  
behavioral health  
agency.**

A CES can assist patrons with needs the library staffer often cannot, such as housing needs, counseling, job applications, and finding addiction recovery services.

An added bonus: Their networks will include people and services you may not be aware of.



# Free Naloxone Training at the North Bend Public Library

Monday, May 13 from 4:00-6:00 PM There are 4 sessions every half hour with the last session starting at 5:30 PM



A free training on how to use naloxone, an opioid overdose reversal medicine.



One FREE nasal naloxone kit will be available to each attendee!

Our Community Engagement Specialist helped us set up a partnership with the HIV Alliance.



# It's easy to focus on the addiction

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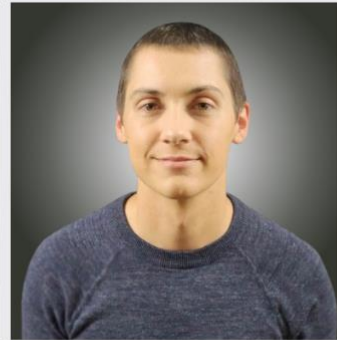
We chose to focus on the people experiencing addiction:

- They had a legitimate need that became a crisis.
- Treatment is possible.
- There are options for pain management.

# Opioids Discussion Panel

at the North Bend Public Library

Tuesday, October 10 at 11:00 AM



with Dr. William Croson, Dr. Luana Hearn, and Program Director of Adapt OTP Samuel Denney





## And how did the program go?

- Like many good programs, it was lightly attended by thirteen patrons.
- The audience included someone worried about a relative, and a woman who had been using opioids for years and wanted to know if she was at risk.
- You don't need a crowd when the right people show up.





Adult Event



SMART Recovery groups empower people to achieve independence from addiction problems. This monthly meeting follows the SMART Recovery principles to help those in the Twinsburg and surrounding areas who would like help. No registration is needed.

Note: Family and friends are welcome to attend and observe, but support and participation are mainly for those suffering from addictions.

Tuesday, Dec. 11th • 6 - 7 pm  
Bissell Local History Room



12000 Lakeside Blvd | Twinsburg, OH 44095 | 330.955.6362 | www.smartrecovery.org



Photos courtesy: Kokomo Howard Public Library, Everett Public Library, Salt Lake County Library, Twinsburg Public Library, Charles County Public Library, Kalamazoo Public Library



# Using the Support Kit

# The power of partnerships





# Tools and resources



neighborhood  
navigator

## Virtual Meetings

by Families Anonymous (FA)

✓ Reviewed on: 05/09/2024

The Families Anonymous Virtual Meetings allows relatives and friends of those who suff...

📌 Main Services: 12-step , peer support , virtual support

👤 Serving: anyone in need, adults, young adults, teens, seniors, individuals, families, parents, substance dependency

### Next Steps:

Go to the [program's website](#).

Serves nationwide

🕒 Open Now : 6:00 AM - 3:00 PM PDT ▼

MORE INFO ▼



SAVE



SHARE



SUGGEST

➔ NEXT STEPS

# Add your programs



neighborhood  
navigator

## One-on-One Computer Help



by King County Library System - Duvall

✓ Reviewed on: 05/09/2024

The King County Library System envisions a world where knowledge allows diverse communities to prosper and grow. Do you need extr...

📁 Main Services: [computer class](#)

👤 Serving: [anyone in need, adults 18+](#)

### Next Steps:

Call 425-788-1173.

📍 19.16 miles ( serves your local area)

15508 Main Street Northeast, Duvall, WA  
98019

🕒 **Closed Today** See open hours ✓

MORE INFO ▼



SAVE



SHARE



NOTES



SUGGEST

CONTACT

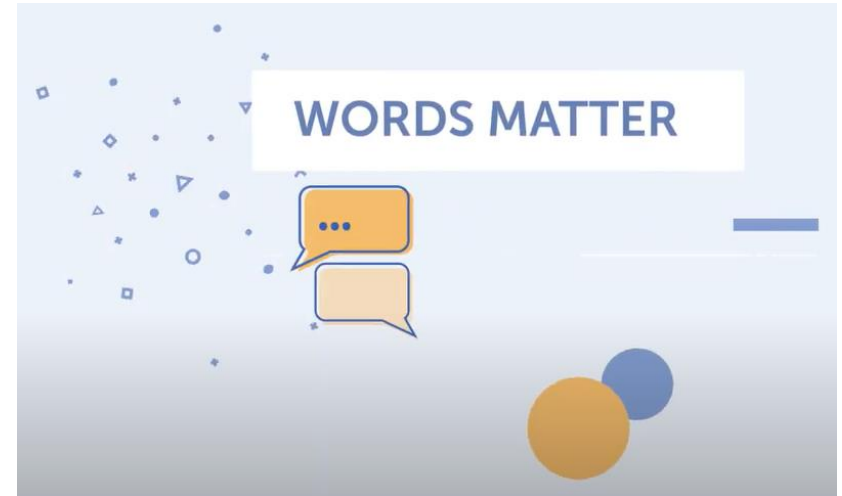
# Poll question

Open the Slido panel on the right side of the Webex to respond to this question:

**What do you think is the biggest barrier to this work?**

# Impact of stigma

- Words Matter video
- Customer service policies
- Facts and statistics:  
“The genes that people are born with account for about half of a person’s risk for addiction.”



**You can make a  
difference**

# In the news

A photograph of several rolled-up newspapers, likely from the San Francisco Public Library, with the text overlaid. The newspapers are stacked and slightly unrolled, showing the edges of the pages and some text on the covers. The background is blurred, focusing attention on the text.

**“The most stolen books from San Francisco public libraries’ shelves are not the hottest new novels or juicy memoirs, they are books about recovering from addiction.”**

[Fox44News](#), 2024

# In the news

Library Journal recognized Clare Varesio of the Santa Clara County Library District as a 2024 Mover and Shaker for her work to educate staff and the community about naloxone through a series of workshops.

[Library Journal](#), 2024



# In the news

**“Between stigma and lack of knowledge or other barriers, many people who would benefit from help do not currently receive it.”**

Jennifer Weeks  
Head Librarian  
Santa Clara County Library District



# Other resources

Facebook group:

<https://facebook.com/groups/librariesopioidcrisis/>

*Libraries and the Substance Abuse Crisis: Supporting your Community* by Cindy Grove:

<https://search.worldcat.org/en/title/1143640588>

**You will find some mistakes.  
We will fix them.**

# Thank you

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[oclc.org/opioid-crisis](https://oclc.org/oclc/opioid-crisis)

